

COLOR SCHEME (HEX CODES, WORKING NAMES)



FONTS

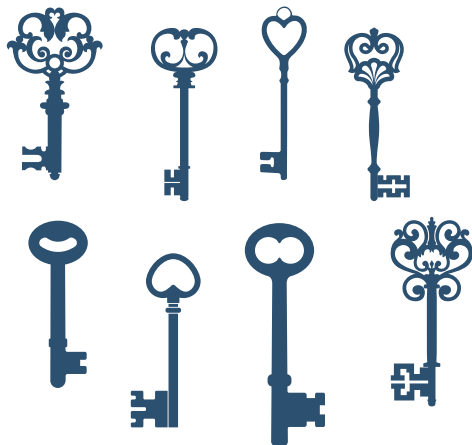
Some header fonts: *Amsterdam One*

HEADER FONT: INRIA SERIF, CAPS, BOLD

Body font: Inria Serif

ICONS TO USE

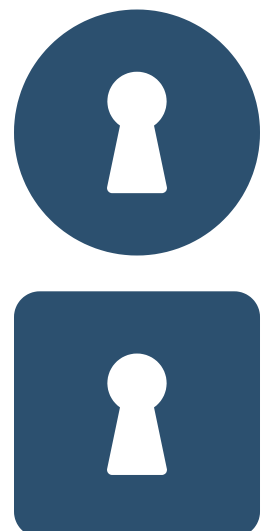
Key icon options that I don't think we should use (too complex, has a more regal/fancy design tone that I don't think works)



Key icon to be used for everything (two options depending on which looks best)



Keyhole icon options (two to choose from depending on which looks best)



THE TITLE OF SOMETHING

This is some fake font to help us understand what this template would look like in action. Here's where you would offer an introduction to whatever topic is being discussed.

Then we move into some actionable steps:



Give the introductory tip or task here



Then we have the second thing to put here



Finish up with a third thing



What does this mean? Here you can provide a deeper explanation or dive into an example so they can visualize the lesson more clearly. That's what I'll pretend to do.

"Pretend you're the kid and say something here that a parent will recognize."

Give them space to practice what their response would be:

EXECUTIVE FUNCTION EXAMPLE

Here are some behaviors to look out for that tell you your youth is struggling with their executive functioning skills:

One example
here

Then another

And now one
more here

Again the last
one here

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Then we have the second thing to put here



Finish up with a third thing



Here you could go into a deeper explanation of something, or make a helpful note as a reminder to whoever is viewing this resource. Use bolded type sparingly to emphasize key points, like this:

Here's the thing.

EXECUTIVE FUNCTION EXAMPLE

Now we're going to do an example that would include an interactive assessment or questionnaire

Fill in the blanks:

When I start to feel , I know I should .

I learned that certain things are , but other things are .

When teachers try to , that means I need to start .

Select all that apply:

When I start to feel frustrated, I...

- ☐ still try my best
- ☐ use a coping mechanism
- ☐ let my guardian know
- ☐ draw to feel better

Check-in

Here's where you can ask the reader to do some self-reflection questions for their benefit:

1. Here's a question where they look inward?
2. Then you could ask them to think about their youth?
3. Another question to offer more self-reflection?