



Miscellaneous Sample Work from Past Clients:

**SLIDE DECKS & PRESENTATIONS**



# Let's Talk Grief & Loss

# Learning outcomes

Welcome to the Grief and Loss course. This course is not meant to take the place of treatment or meetings with your worker. It is an introduction to common thoughts, feelings and changes that you can expect or experience as you go through the complicated event of loss.

We will review some slides and you have been provided with Journal Prompts that you can use to help you along in your healing journey.

It is my hope that the information shared will help normalize some of the things you may be going through until you meet with your service provider.

## After taking this course, you will:

- 🔑 Review the impact the loss has on you and your life.
- 🔑 Learn the 5 stages of grief and loss.
- 🔑 Explore how people grieve.
- 🔑 Recognize and identify your greatest struggles as you are learning how to adjust to change.
- 🔑 Review some personal questions that you may have about grief and loss.



# What is the difference between grief and loss?

Grief is the natural reaction we have to loss or change.

It is basically any and everything (physiological distress, emotions, change in behavior challenging thoughts) that you experience from losing something special and important to you.



# The 5 Stages of Grief

Elizabeth Kubler Ross, a famous psychiatrist, broke down the grief process into 5 stages:







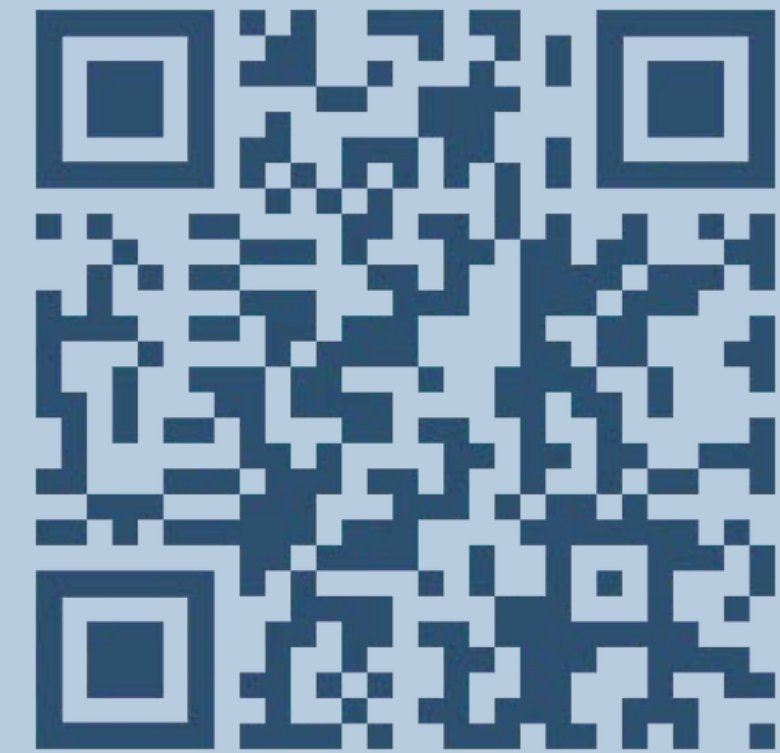
*The most important thing  
I have learned about my  
loss and myself is...*





# YOUR YOUTH CAN THRIVE.

Youth services  
custom-tailored to a  
youth's unique  
learning & lifestyle  
that will make them  
the hero of their  
own story.



[bit.ly/km-facebook](https://bit.ly/km-facebook)



[@keymakeryouthsupport](https://www.instagram.com/keymakeryouthsupport)



[info@keymakerservices.com](mailto:info@keymakerservices.com)



305-912-5397





# HOW WE'LL USE OUR ENERGY TODAY

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The 4 P's of an INTRApreneur

Common characteristics

3 types of INTRApreneurs

Company responsibility VS. employee ownership

My 3 fave tools



A woman wearing a light-colored hijab and a white sleeveless top stands in a meeting room, presenting to an audience. In the background, a large screen displays two pie charts, each labeled "Demographics". The room is bright, with windows and blinds visible. In the foreground, the backs of several audience members' heads are visible, some wearing hijabs. A yellow oval graphic is overlaid on the center of the image, containing the text "3 Types of INTRApreneurs".

# 3 Types of INTRApreneurs



# Working Mothers



## First Last

Description about who this person is. Some quick facts or titles to give a brief summary of who they are and their impact.



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# QUARTZ *at* WORK

## Working Mothers

BY THE NUMBERS...

*Source Citation Example  
This One From Inc.  
Another Citation for Credit*

**\$2 BILLION**

are spent in fighting this thing each year

**45%**

of U.S. employees feel certain things about this topic

**92%**

of people would say that they like this particular thing, whereas only...

**30%**

actually engage in that thing

**TED<sup>x</sup>** UWMilwaukee  
x = independently organized TED event

April 27th, 2021

*Moderators: Ave DeBoer &  
Markia Silverman-Rodriguez*

# Q&A with Aisha Valentín

Art & The Cycles  
of Gentrification





MISTRESS

*non-monogamy & polyamory*

POLLY

AVE DEBOER